



Outcomes to first-line pembrolizumab in patients with advanced NSCLC and high PD-L1 expression: updated results from a spanish multicentric study

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Background. Pembrolizumab stands as a first-line option for patients (p) with advanced NSCLC (Non-small cell lung cancer) and high PD-L1 expression (≥50%). Several factors influenced outcomes such as antibiotic (AB) exposure, low body mass index (BMI), certain metastasic location (e.g. bone), or ECOG-PS of 2.

Methods. Multicenter retrospective study. Stage IV high PD-L1 expression NSCLC treated with first-line pembrolizumab in clinical practice between August 2017 and July 2022. Descriptive statistics to report baseline characteristics. Kaplan-Meier to estimate survivals, long-rank-test to compare median survivals. Multivariate analyses, using Cox regression.

Results. Survival and treatment outcomes (N=494)

Median follow-up: 14.3m.

Age - years	N (%)	
Median	67.29	
Sex – n (%)		
Male	379 (76.7%)	
Female	115 (23,3%)	
Histology – no (%)		
Non-squamous	373 (75.5%)	
Squamous	114 (23.1%)	
Dedifferenciated	7 (1.4%)	
AB exposure – no (%)		
Yes	175 (35.4%)	
No	319 (64.6%)	
BMI - no (%)		
<24,9	230 (46.6%)	
≥25	234 (47.3%)	
Unknown	30 (6.1%)	

Table 1. Patient characteristics.

Figure 4. OS according to treatment with corticosteroids.

	Median OS - months (95% CI)	p-value (univariate analysis)	Median PFS - months (95% CI)	p-value (univariate analysis)
ECOG PS (Figure 3)				
0 (N=138, 27.9%) 1 (N=269, 54.5%) 2 (N=81, 16.4%) 3 (N=6, 1.2%)	36.7 (19.2-54.3) 14.8 (12.0-17.5) 2.5 (1.5-3.4) 0.3 (0.2-0.3)	< 0.001*	14.4 (9.6-19.1) 10.8 (8.4-13.3) 2.5 (0.5-4.5) 0.3 (0.0-1.3)	< 0.001
Corticosteroid exposure** (Figure 4)				
No (N=284, 57.5%) Yes (N=210, 42.5%)	22.1 (17.8-26.4) 10.6 (7.2-14.0)	< 0.001*	10.1 (7.5-12.7) 9.3 (5.7-13.0)	0.082
Reason for treatment with corticosteroids				
irAEs (immuno-related adverse events) (N=57, 11.5%)	NR		24.6 (8.8-40.5)	
Baseline conditions/symptom management (N=153, 31.0%)	4.7 (1.6-7.8)	< 0.001	4.5 (1.8-7.3)	< 0.001
PPi exposure** (Figure 5)				
No (N=186, 37.7%) Yes (N=308, 62.3%)	23.7 (18.4-29.0) 12.7 (10.0-15.3)	0.003	11.5 (7.6-15.4) 8.5 (5.8-11.3)	0.041
Bone metastases (Figure 6)				
No (N=336, 68.0%) Yes (N=158, 32.0%)	18.7 (14.7-22.8) 10.2 (5.9-14.6)	0.001	11.1 (8.8-13.3) 7.3 (5.2-9.4)	0.164
Best response to IO				
CR (N=30, 6.1%) PR (N=184, 37.2%) SD (N=113, 22.9%) PD (N=117, 23.7%)	57.8 (51.9-63.8) NR 15.2 (13.2-17.1) 4.0 (3.1-5.0)	<0.001	55.4 (42.0-68.7) 35.9 (27.2-44.5) 15.9 (13.6-18.3) 4.1 (3.1-5.0)	<0.001
Not evaluated (N=50, 10.1%)	(3.1 3.0)	-0.00±	(3.1 3.0)	-0.001

Table 2. Variables associated with survival outcomes.

^{*}After multivariate analysis, corticosteroid treatment (HR 1.41) and ECOG (HR 2.40) maintained a prognostic impact.

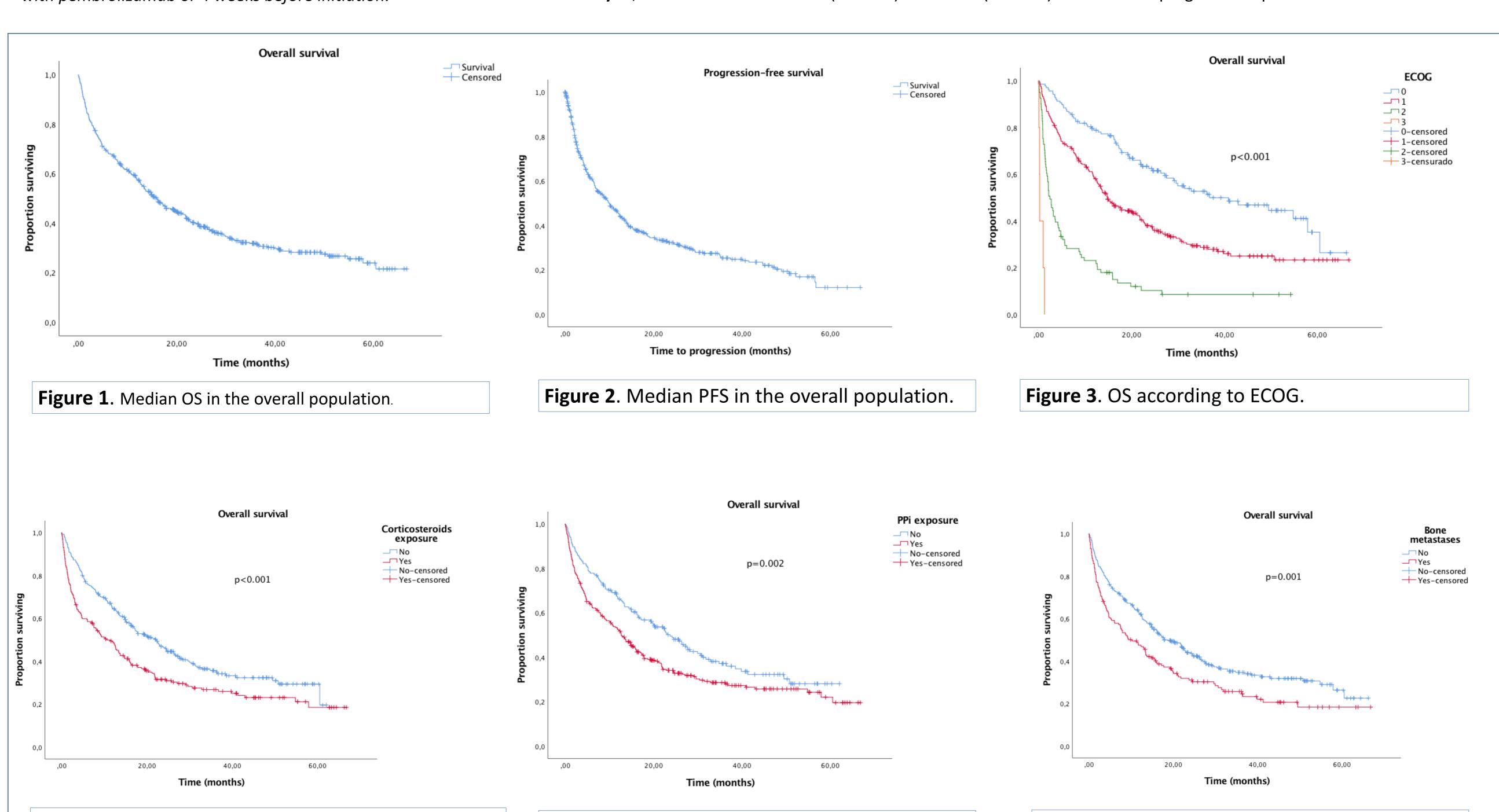


Figure 5. OS according to treatment with PPi.

Conclusions. First-line pembrolizumab in advanced NSCLC p with high PD-L1 expression should only be used in patients with good PS. Patients with PS 2 are in urgent need of new treatment approaches.

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Figure 6. OS according to bone metastases.



^{**}Exposure to corticosteroids (>10mg prednisone/equivalent) PPi (Proton Pump Inhibitors) and AB (antibiotics): during treatment with pembrolizumab or 4 weeks before initiation.